

REDESIGN YOUR LIFE  
**PLANT IN  
JANUARY**

ASPARAGUS 🌿 CABBAGE  
CARROTS 🌿 CAULIFLOWER  
CHAYOTE 🌿 ENDIVE CHICORY  
GARLIC 🌿 KALE  
ONION 🌿 PARSLEY  
PEAS 🌿 POTATOES  
RADISH 🌿 RHUBARB  
SUNCHOKES 🌿 TURNIPS

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